EPA-registered insect repellents are proven safe and effective, even for pregnant and breastfeeding women.

**DO NOT** use repellent on babies younger than 2 months of age.

If you are also using sunscreen, apply **sunscreen FIRST**, then apply **insect repellent**.

Use an Environmental Protection Agency (EPA)-registered **insect repellent** that contains one of the following **active ingredients**.

<table>
<thead>
<tr>
<th>Active Ingredients</th>
<th>DEET</th>
<th>IR3535</th>
<th>Picaridin</th>
<th>Oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD)</th>
<th>2-undecanone</th>
</tr>
</thead>
</table>


More information at: [www.hcphtx.org/Zika](http://www.hcphtx.org/Zika)